

STOP SIGNS



Family Lives understands how difficult it can be for children and young people to find a way to get bullying to stop. Every reaction to bullying is going to be different and no-one can predict how someone would respond if they were experiencing bullying. Exploring different responses to bullying can help children and young people to navigate their feelings and reactions to different bullying scenarios such as cyberbullying, name calling or social bullying.

How to use

Print off the stop signs and cut them out. Hand them out to each of your students and ask them to come up with their stop sign advice. You can either get them to work in groups or individually. Some examples they may come up with could be to tell a teacher or a parent which is great but encourage them to think outside the box and allow a discussion to take place thinking of outcomes and consequences. You can set them bullying scenarios or allow them to be more general. Once they have written them out, you can display them on a board so they are a point of reference.

